

# true north

cameco in northern saskatchewan



2016 marks the 6th time Cameco has partnered with West Wind to bring holiday cheer to northern communities.



## Christmas in the North returns for another year

An annual tradition rooted in the truest spirit of the season is returning to the Athabasca Basin in December.

Christmas in the North, an initiative spearheaded by West Wind Aviation and includes Athabasca Basin Development, AREVA and Cameco, will bring gifts to over 600 students in four northern communities between December 8th and December 15th.

The communities receiving gifts this year will be:

- Fond du Lac on December 8th
- Stony Rapids on December 13th
- Hatchet Lake on December 15th
- Black Lake on December 16th.

*"Cameco is proud to play a small role in this wonderful tradition of bringing gifts to families in northern Saskatchewan,"* said Jonathan Huntington, director, corporate relations. *"Our operations are close*

*to these communities and when we get a chance to make a difference in these areas, it's a no brainer for us."*

This year marks the 6th time Cameco has partnered with West Wind to help bring some holiday cheer to communities in northern Saskatchewan's Athabasca Basin.



# Roughriders bring anti-bullying message to kids on northern tour



The Red Cross trains several Saskatchewan Roughriders each year to deliver anti-bullying and healthy relationship presentations to youth throughout the province.

**"HEALTHY  
RELATIONSHIPS  
WILL HELP YOU  
GET OUT OF A  
BAD DAY OR  
TOUGH TIMES."**



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[www.riderville.com/community](http://www.riderville.com/community)

Jorgen Hus and Scott McHenry are road warriors.

Playing in the CFL means criss-crossing the country each summer on the road to the Grey Cup. But their recent journey to northern Saskatchewan on Cameco's northern tour brought an entirely different experience.

In total, the pair travelled 1,800 km in four days, visiting four schools and talking with 900 students about healthy relationships.

*"Everybody deserves respects and the more respect you have (in the school), the more healthy relationships you have,"* said Jorgen Hus, a special teams player with the Saskatchewan Roughriders. *"Healthy relationships will help you get out of a bad day or tough times."*

Hus and McHenry - a 2013 Grey Cup champion - visited Buffalo Narrows, Beauval and Ile a la Cross in November thanks to a partnership between Cameco, the Red Cross and Saskatchewan Roughriders.

*"For a new person at school, what could you do? In a community of this size, you can make an impact,"* continued Hus. *"You make 35,000 choices in a day. Hold a door or ask someone how they are doing. Sometimes the right choice isn't the most popular. People will always remember how they felt around you. Use that to your advantage."*

A multi-sport athlete at Holy Cross in Saskatoon, McHenry played fullback on one of the greatest Roughrider teams in history before fracturing his neck in 2014. He recalled lying in a hospital bed in tears after his injury before five of his teammates showed up at 2 a.m. to visit him.

*"I started to think that I could get through this. It took me a year and I came back to play again,"* said McHenry. *"By surrounding ourselves with as many good people as possible you can get through those difficult times that we all have."*

The Red Cross trains several Saskatchewan Roughriders each year to deliver anti-bullying and healthy relationship presentations to youth throughout the province. The players use many examples from their playing career - which typically grabs the audience. Hus signed a contract with the Seattle Seahawks in 2014, reporting to the team just after it won the Super Bowl.

*"They had a lot of leaders, just coming off a Super Bowl,"* remembered Hus. *"Kam Chancellor, one of the biggest stars of the game, gets up and comes across the room to shake my hand. That was so cool and blew me away. It is no wonder they won a Super Bowl with that kind of respect and leadership."*

Hus and McHenry hope some of those life lessons remain with northern students for years to come.

The Six Rivers Fund is for the north by the north. It is a trust fund to help northerners today, but more importantly it will grow. Launched in April 2016, the fund provides community investment using the interest from a trust funded by Cameco and AREVA with proceeds from uranium recovery at the Key Lake operation.



**TO DATE THE FUND HAS SUPPORTED:**

- Ile a la Crosse Outdoor Wellness Gathering
- Montreal Lake Woodland Cree Gathering
- PBCN Youth Canoe Quest
- Fond du Lac Safer Beach Project
- Northern Spirits
- Ile a la Crosse Safer Communities

## Fond du Lac families looking forward to a safer summer



### THE SIX RIVERS FUND SUPPORTS AN UPGRADE TO THE BEACH ON LAKE ATHABASCA

While winter is just setting in, the residents on the Fond du Lac First Nation can see past the snow to sunny days on the beach next summer.

Families seize every nice day of the short season to gather on the main beach to swim, relax and play. The large water front is also an area where many community events are held.

That's why Stacy Howat with the band felt it was important to reduce traffic on the beach.

"There were a lot of quads driving through the area, and we needed a safer spot for families to enjoy their time together."

Howat applied to the Six Rivers Fund on behalf of the First Nation with the hopes of building a secure

fence. Her application received \$10,000 from the fund that benefits northerners in the areas of health, safety and wellness, community development, education, sports and recreation.

Howat hired a local contractor and the fence was completed in October.

"A lot of people are really happy," says Howat. "They are more confident that their children can play safely on the beach this coming summer. We would like to thank Victor Fern and the Six Rivers board for the opportunity to add something more to our community."

**"WE WOULD LIKE TO THANK VICTOR FERN AND THE SIX RIVERS BOARD FOR THE OPPORTUNITY TO ADD SOMETHING MORE TO OUR COMMUNITY."**

Stacy Howat, Fond du Lac First Nation

# Self-esteem soars with support for Northern Spirits

**“WE KNOW THEY JUST WANT THAT FEELING OF BELONGING. IT’S WHAT MAKES THE NORTHERN SPIRITS PROGRAM SO POWERFUL.”**

There’s rarely a dry eye in the crowd at the Northern Spirits Showcase held each February in Prince Albert. The audience and organizers have witnessed many transformations.

Michelle Hewison, director of Northern Sport Culture and Recreation District is one of the organizers. She says thinking of one young girl in particular still gives her goosebumps.

*“When I met her, it was all we could do to even encourage her to come into the building, she was so shy. On the night of the showcase we still didn’t know if she would be able to perform. We all held our breath when the emcee announced her name. She took five whole minutes on stage with her head down formulating her confidence.*

*Then she looked up and belted out a song she had written herself in perfect harmony.”*

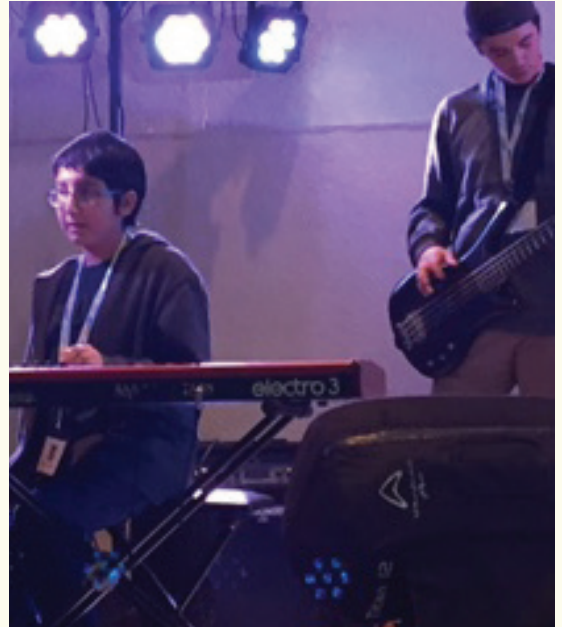
For ten years the Northern Spirits program has been bringing young people together from across northern Saskatchewan to learn about performance and show production in late November. From there, 25 are chosen to continue to be mentored with a final showcase held later in the winter.

The program targets kids who haven’t had the opportunity to participate in anything before.

Hewison says there was a greater demand this fall with the troubling number of suicides and attempted suicides to get more students involved.

With the support of \$5000, from both the Six Rivers Fund and Cameco, organizers were able to increase the number of participants from about 75 to 82, and bring more students from the Athabasca Basin than ever before.

*“We know they just want that feeling of belonging. It’s what makes the Northern Spirits program so powerful.”*



**On November 25, 82 students arrived in Prince Albert for three days of workshops in the areas of stage presence, song-writing, singing, audio production and much more.**



Learn more about how to apply at:  
[www.sixriversfund.ca](http://www.sixriversfund.ca)

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Cameco Northern Affairs Office 306.425.4144  
[cameconorth.com](http://cameconorth.com)

  
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